



THE CREATIVE HUB

**brother.**  
THE CHARITY

# Self-Directed Creative Residency for Men

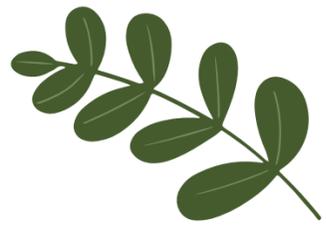
- This is a peaceful, rural residency in France

**Residency pack**



# WHAT MAKES THIS RESIDENCY DIFFERENT?

brother has partnered with The Creative Hub to offer this residency, which allows men the time and space to rediscover, recharge and reimagine. We believe in the value of the creative process itself. There are no expectations to produce an end product.

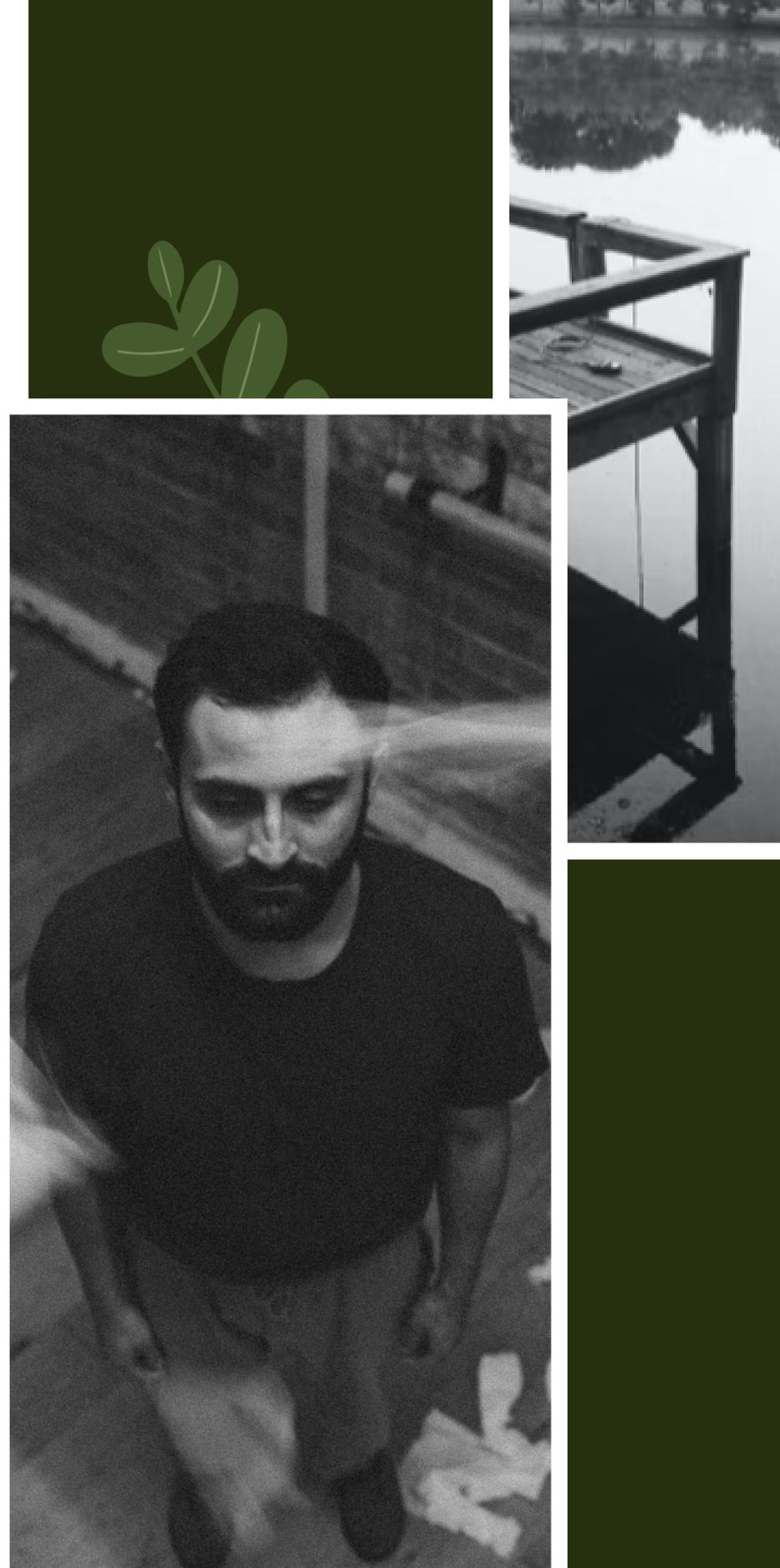


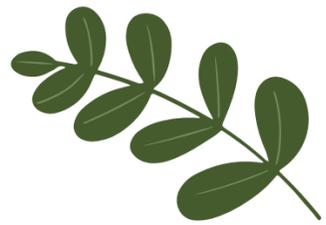
# A LITTLE MORE ABOUT

**brother**  
THE CHARITY

brother is a UK-based charity born from the realisation that waiting until crisis is too late. We support men's mental health through prevention, community, research and early action.

We are a physical community offering creative ways to support men's mental health through four areas of focus: 'events and workshops', 'residencies', 'research and funding' and 'brother The Company'. At its core, brother is about being and feeling part of something, a community that fits naturally into your life and encourages creativity as a form of wellbeing. Through our areas of focus, we create space to reconnect with creativity, play and hands-on practice. brother offers a space to slow down and be present. We are part of a wider movement working to dismantle the stigma around men's emotional freedom and vulnerability, with the hope of preventing mental health struggles from growing.



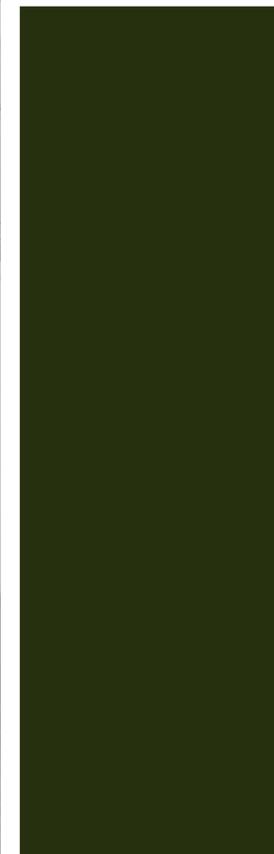


# A LITTLE MORE ABOUT THE CREATIVE HUB



The Creative Hub in France was set up in 2020 to offer a tranquil, creative space for guests to focus on their well-being, whilst relishing time in its wonderful natural environment. It is set in a rural and calm area with extensive grounds and forest walks from the door. At the main site, there is a lovely family of animals dogs, cats, a donkey, horse and ponies. Sometimes the hub offers workshops and short courses (recently yoga and pilates).

Most guests choose to stay at the hub for at least a month. They always leave feeling refreshed and re-connected with the natural world, more relaxed and grounded. It is located within the Perigord Natural Park, yet only 30 minutes away from Limoges, which has great transport links. The closest station is Bussiere-Galant.

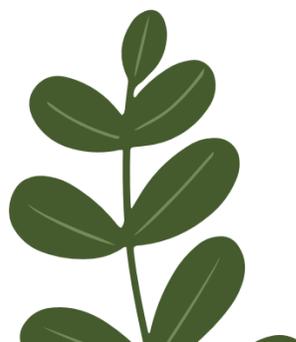


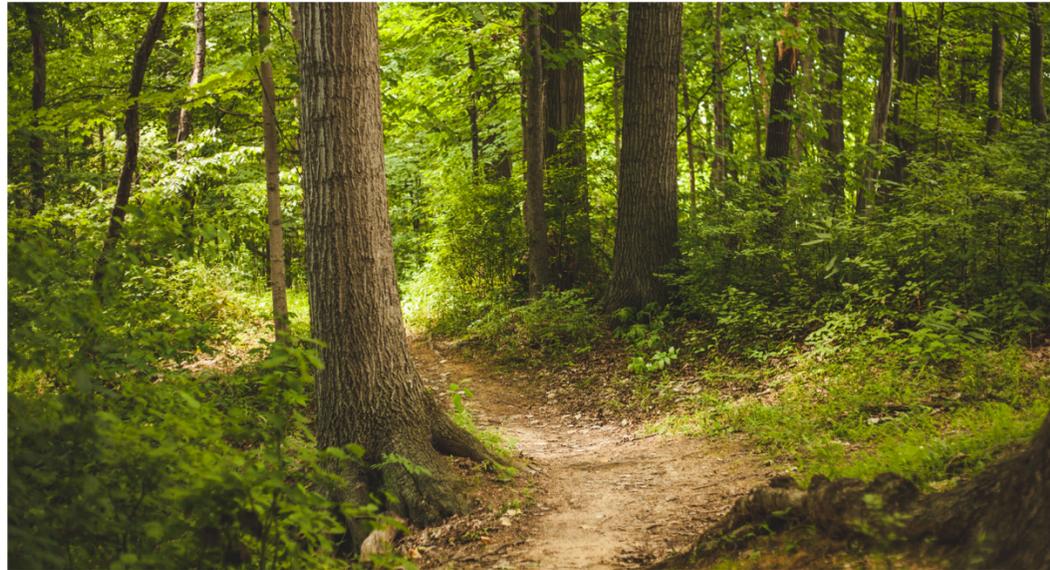


# WHAT'S INCLUDED?

- Stipend of £500.00
- Independent village accommodation
- Wi-Fi and bills
- Electric or push bike (with helmet and high-vis)
- Weekly lifts to the supermarket
- Collection and drop off from either Limoges airport or Bussière-Galant train station upon arrival and departure
- Reflection and creation journal
- Exhibition and/or podcast opportunity after the residency

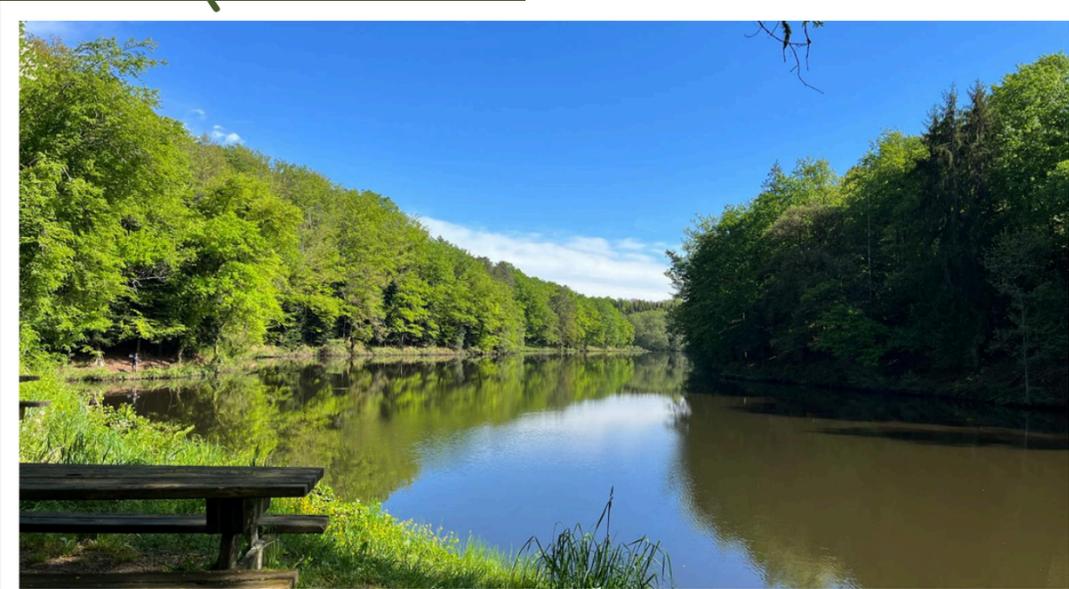
**Please note:** food and travel costs are not included. This is a non-smoking property. The accommodation is arranged over three floors with steep staircases.

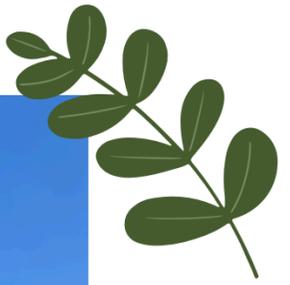




## GET TO KNOW THE AREA

The Creative Hub village house in Les Cars is the location of the accommodation. It's a small house in a rural French village. There are 15th century chateau ruins next door to the house and the old chateau stable buildings opposite are currently being renovated. There is a boulangerie and a well-stocked mini-mart along the road which also serves coffee and ice creams in summer. There is a hair-dresser and a church, also a community outdoor pool which opens in July and August. The beautiful community lake is a great place to picnic and the deer reserve is only a few minutes away. There are beautiful walks from the door in open countryside or forests.





# PICK UP

We can pick you up from either:

Limoges–Bellegarde Airport

Bussière–Galant Railway Station



Note: Pick up will need to be arranged with the brother representative based at The Creative Hub at least 2 weeks prior to arrival to make sure someone is available to collect you.



# LOOKING OUT FOR YOU



Both brother and The Creative Hub will do their utmost to support each resident throughout the duration of the residency. However, we kindly ask that you take responsibility for your own wellbeing and personal belongings during your stay, as we are unable to accept liability for any injury, loss, or damage that may occur.

brother continues to work closely with The New Normal and Mind, two excellent charities that offer 24-hour online and in-person support should you ever need someone to talk to. By joining the residency, you acknowledge and accept these terms.

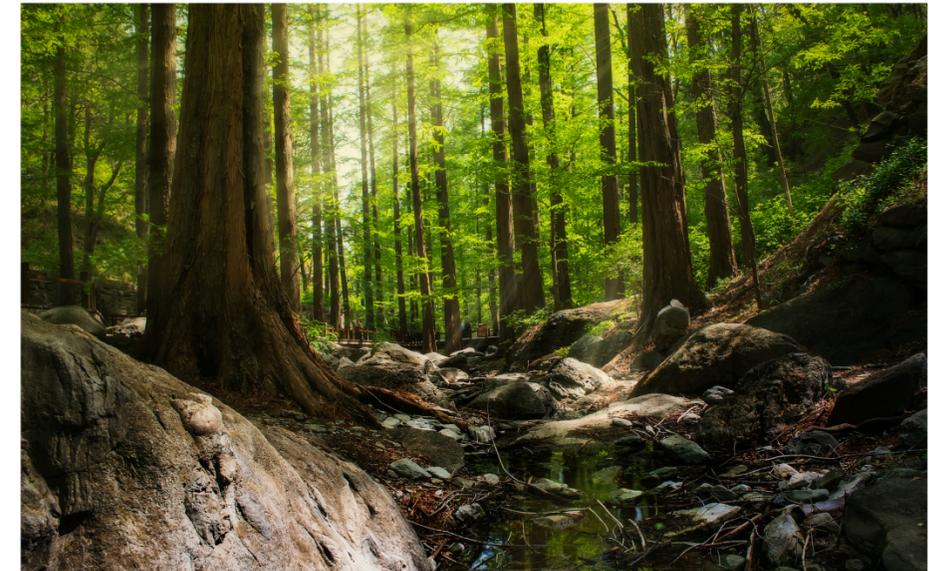
[www.thenewnormalcharity.org](http://www.thenewnormalcharity.org)

[www.mind.org.uk](http://www.mind.org.uk)





# A MOMENT TO REFLECT



During your time on the residency, we ask that you take time to journal. We understand that writing isn't everyone's preferred way of expressing ideas, thoughts, and feelings, so treat the journal as your canvas. Paint, draw, write, collage, or scrapbook, use the pages in whatever way feels natural to you.

At the end of the residency, please leave your journal on the table in the kitchen, where we will collect it. The journal is not only a valuable tool for you to process your experience, but also an important source of insight for brother.



# POST RESIDENCY

## brother The Podcast

As part of the residency, each participant will be invited to feature on our podcast. This is optional. Each episode will be approximately 45 minutes in duration, although recording sessions may run longer.

The conversation will be guided by our host, and you'll have the freedom to promote your work, discuss your artistic practice, and reflect on your process during the residency. We will also include questions related to mental health, wellbeing, and the arts.

The podcast will be available on all major podcast platforms, and short sound bites may be shared on our social media channels.

## brother The Exhibition

brother will host an annual exhibition that offers our community the opportunity to share their work. As a resident, you will automatically be granted a place in the exhibition. Again, this is optional.

The event will take place at a London venue and will give men the chance to showcase their creative practice. There will be no set theme for the first year, so your existing practice will not need to be adjusted to participate.

You will also have the opportunity to sell your work during the event. A small donation fee will be added to each sale, which will go directly to supporting brother.



[www.thecreativehubfrance.com](http://www.thecreativehubfrance.com)